

## WHY WE WORSHIP ON SUNDAY

*“The First Day of the Week”*



Why do Christians worship on Sunday? This is a good question. This is a biblical question, and so, we must (*as in all matters of religion*) turn to the word of God for the answer. So let's bullet-point a biblical answer to this biblical question:

- We are taught by example in scripture, that **the disciples came together weekly, on the first day of the week (Sunday)** for worship (Acts 20:7). We know this was a worship service because the communion or *breaking of bread* is always part of worship. This was a practice and pattern of the church in the first century, as it is among Christians today.
- When the church was established, **the disciples “...continued steadfast in the apostles doctrine and fellowship, in the breaking of bread (communion), and in prayers.”** – Acts 2:42 – all this was done according to the authoritative teaching of the apostles (Eph 2:20).
  - Jesus ordained the communion, which memorializes His sacrifice for our sins, in that the bread represents His body and the fruit of the vine represents His sacrificed blood. **The communion is to be partaken of by Christians today (on Sunday – Acts 20:7)** until Christ returns (I Cor 11:23-26).
  - *“The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?”* – I Cor 10:16
- The birth or establishment of the church was on the “Day of Pentecost” (Acts 2:1) which was the first day of the week (Lev 23:15)..., in which about three thousand souls were added to the church (Acts 2:41, 47). **The church was established on the first day of the week.**
- **Jesus rose from the grave on the first day of the week** – John 20:1-2
- **Jesus met with His disciples on the first day of the week** after His resurrection – John 20:19-20
- **First gospel sermon was preached on the first day of the week** – Acts 2:22-36

For the Christian, Sunday is the LORD’S DAY – John, the writer of the book of revelation, referred to the first day of the week as, *“the Lord’s Day”* when he received that great revelation from Jesus Christ Himself! – Rev 1:10

Sunday is a holy day for the Christian! It is a day set aside for saints to assemble together for worship, reflection, edification, rejuvenation, and thanksgiving! Praise GOD for liberation through our risen Savior who overcame hell, death, and the grave:

*“O Death, where is your sting? O Hades, where is your victory? The sting of death is sin, and the strength of sin is the law. But thanks be to God, who gives us the victory through our Lord Jesus Christ.”* – I Corinthians 15:55-57